



# Lunch Menu

Week 4.

**Main Course – £1.80    Dessert – £0.95    Meal Deal – £2.20**

See allergen matrix for dietary information.

MONDAY

Chicken in a tomato, basil & cream sauce.

**Chicken in a tomato & cream sauce with basil.**

Served with pasta, garlic bread and seasonal vegetables.

Jam and coconut sponge.

**Served with custard.**

Quorn lasagne.

**Quorn tomato sauce with layer of pasta and a cheese sauce**

Served with garlic bread and seasonal vegetables.

TUESDAY

Fish pie.

**White fish with parsley sauce, topped with potato.**

Served with new potatoes and seasonal vegetables.

Butterscotch tart.

**Served with custard.**

Cheese and red onion tartlets.

**Mini quiches.**

Served with new potatoes and seasonal vegetables.

WEDNESDAY

Roast chicken.

**Roast chicken breast.**

Served with roast potatoes, stuffing, gravy & seasonal vegetables.

Fruit salad and meringue.

**Served with cream.**

Quorn fillets.

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Served with roast potatoes, stuffing, gravy & seasonal vegetables.

THURSDAY

Beef lasagne.

**Beef and tomatoes layered with pasta, topped with cheese sauce**

Served with garlic bread and seasonal vegetables.

Chocolate shortcake.

**Served with custard.**

Garlic and mushroom pasta bake.

**Quorn in a mild chilli sauce.**

Garlic bread and seasonal vegetables.

FRIDAY

Battered fish.

**Fish from the sea.**

Served with chips & beans or mushy peas.

Handmade fruit muffins.

Selection of pizzas.

**With meat & vegetarian toppings**

Served with chips, beans or coleslaw.