



Lunch Menu

Week 1.

Main Course – £1.80 Dessert – £0.95 Meal Deal – £2.20

See allergen matrix for dietary information.

MONDAY

Sausage and onion gravy.
Sausages cooked in a rich onion gravy.
Served with mashed potato and seasonal vegetables.

Apple crumble.
Served with custard.

Lentil dahl.
Lentils in a tomato based curry sauce.
Served with rice, naan bread and seasonal vegetables.

TUESDAY

Smoky beef chilli.
Beef chilli with a smokey aroma
Served with nachos and seasonal vegetables.

Citrus sponge.
Served with custard.

Summer frittata.
Summer vegetables in a baked omelette.
Served with new potatoes & vegetables.

WEDNESDAY

Roast gammon or chicken.
Slice of gammon or chicken breast.
Served with roast potatoes, stuffing gravy & seasonal vegetables.

Cornflake tart.
Served with custard.

Cauliflower and broccoli cheese tartlets.
Individual tarts with cauliflower, broccoli and cheddar cheese.
Served with roast potatoes, gravy & seasonal vegetables.

THURSDAY

Pork meatballs in a stroganoff sauce.
Pork meatballs marinated in a sauce.
Served with new potatoes and seasonal vegetables.

Chocolate pear sponge.
Served with custard.

Quorn lasagne.
Layers of pasta and Quorn.
Served with garlic bread and seasonal vegetables.

FRIDAY

Battered fish.
Fish from the sea.
Served with chips & beans or mushy peas.

Handmade fruit muffins.

Selection of pizzas.
With meat & vegetarian toppings
Served with chips, beans or coleslaw.