



# Grab & Go Menu

September Menu.

**Individually priced items.**

See allergen matrix for dietary information.

MONDAY

Hot chicken or Quorn wraps served with salad and coleslaw.

Pasta & sauce.

Jacket potato with various fillings.

Drinks

milkshakes

Fruit

Yoghurts ...all available from the fridge.

TUESDAY

Burritos, spicy rice, chicken or Quorn, cheese and salsa wrapped & baked with salad and coleslaw.

Pasta & sauce.

Jacket potato with various fillings.

Drinks

milkshakes

Fruit

Yoghurts ...all available from the fridge.

WEDNESDAY

Selection of made in house panini's served with salad and coleslaw.

Pasta & sauce.

Jacket potato with various fillings.

Drinks

milkshakes

Fruit

Yoghurts ...all available from the fridge.

THURSDAY

Hot chicken or quorn wraps served with salad and coleslaw.

Pasta & sauce.

Jacket potato with various fillings.

Drinks

milkshakes

Fruit

Yoghurts ...all available from the fridge.

FRIDAY

Pasta & sauce.

Jacket potato with various fillings.

Drinks

milkshakes

Fruit

Yoghurts ...all available from the fridge.

