**P4 Explain why adults in early years settings seek to empower children.**

**Introduction: The importance of empowerment for children:**

* You need to **explain** what empowerment is *(define the word)*
* You need to **explain** why it’s important to empower children *(describe why it’s important)*
* You need to **explain** why adults in early years settings should seek to empower children *(explain how it benefits children)*.

**Main section**

You should use examples to support **how** a settings can empower children in these ways and **how** children **benefit** from being empowered.

* League rights
  + Children have rights – right to make decisions on things that affect them – but must be age appropriate
* Explain why it’s important for child care settings to protect children’s rights
* Give an example of how a child care setting can support a child’s decision making
* Explain how being confident at making decisions can help a child develop empowerment
* Valuing and respecting children
  + Say that part of empowering children is treating them with respect and dignity
* Explain why it’s important that children of all ages are shown respect and dignity
* Give an example of how a child care setting could show respect and dignity to a child at different ages
* Explain how being shown respect and dignity will make them feel empowered
* Helping children to respect themselves and others
  + Say it is important for children to develop a positive self-image and have respect for themselves
* Explain why it’s important for child care settings help children respect themselves and others
* Give an example of an activity or action that will help a child respect themselves and others
* Explain how respecting themselves and others will empower the children.
* Involving children in decision making
  + Say that when children are empowered they will be able to make decisions
* Explain why it’s important for child to be given different opportunities to make decisions
* Give an examples of different decisions children could be given at the 3 different age
* Explain how being able to make decisions could help development in another area of PILES