



NOTTINGHAM UNIVERSITY
SAMWORTH ACADEMY

WC: 01/05/2023

Dear Parent/Carer

At NUSA this week:

This week we held our second 'Individuality day' and what a day it was! Our wonderful students were dressed to impress and it was so great to see everybody embracing their individuality. We are lucky to have such a diverse community here at NUSA.

Thank you for your support with the second day of strike action this week. We do not have any information on further proposed dates but as soon as we do, I will write to let you know.

Thank you to all of the parents and carers who attended the Year 7 progress evening last night. We are super grateful for the support you give to us and your child.

Our school will be closed on Monday 8th May 2023 in order to allow our NUSA community opportunity to celebrate the coronation of King Charles III. This is an historic moment for our children and one that they will no doubt remember for many years to come. We would like to take this opportunity to wish King Charles III a successful and prosperous reign over our wonderful United Kingdom.

School will reopen again on Tuesday 9th May 2023 for all year groups.

Year 11 are now on the final countdown. Please ensure your child is attending intervention where necessary, completing revision at home and generally being cheered on by everyone at home. We know they will all be successful. A reminder please, that in these last few weeks for Year 11 the best place for them to be is in school. Absences should be at a bare minimum.

Mentoring Opportunity for Year 10

We are working with an organisation called Brightside who are offering up to 50 - 60 Y10 students the opportunity to work with a career mentor (most likely to be in a profession related to the NHS but could be non-medical e.g. finance or tech) over the course of next year.

They will have the ability to ask the mentor for support for the rest of the year with all things related to future aspirations. This links well with the current drive for work experience as the mentors can offer bespoke advice on how to find a meaningful placement when they are not able to do their chosen career e.g. being a doctor.

Students will be given more information on this in assembly next week but please speak to your child about this opportunity if you think it would be beneficial to them.

Work Experience – can you help?

Year 10 will be going on work experience during the week commencing Monday 3rd July 2023. Can you or anybody you know host a work experience placement? If you think you may be able to help, please email Mr Bradford at mbradford@nusa.org.uk

SEND at NUSA:

If you have any concerns relating to your child's behaviour, or their emotional or mental health needs there is help and support available via the Nottingham City Ask Lion website.

Using the link below, parent's and carers can make self-referrals to the Behaviour and Emotional Health Team, BEMHs.

<https://www.asklion.co.uk/kb5/nottingham/directory/site.page?id=qGdiFDC8Nas>

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FINDING YOU ACTIVITIES AND SUPPORT IN NOTTINGHAM

What do you want to Ask Lion? in Place name or postcode

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Home / Behavioural and Emotional Mental Health

Behavioural and Emotional Mental Health

Services across Nottingham are working together to support children and young people with behavioural, emotional or mental health needs. **Click one of the buttons below** to find out more about the services available, what they offer and how to get in touch.

Public Information

A wide range of services is available to support children and young people with behavioural, emotional or mental health needs.

[Click Here for more Information](#)



Information for Professionals

All Nottingham City health and care professionals including teachers and education staff can refer families for support.

[Click Here for more Information](#)



Who to contact

Telephone

- Single Point of Access 0115 8764000
- Behavioural and Emotional Health team 0115 8761716

To make a self-referral to CAMHS or the Behavioural and Emotional Health Team [Click Here](#)

Actions

[Print](#)

If you wish to speak to someone about a child or young person's behavioural or emotional need, please contact the Behavioural and Emotional Health Team on 0115 8761716.

This support is provided as part of the Nottingham City pathway for children and young people with behavioural, emotional or mental health needs. The pathway is for children and young people who:

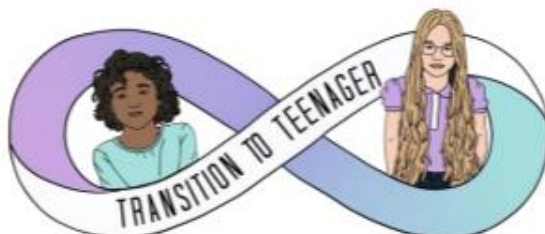
- Present with concerns about their behaviour, emotional wellbeing or mental health
- Present with concerns about possible ASD or ADHD
- Are registered with a NHS Nottingham City GP

- Are aged 0 to 18 (the pathway extends up to the age of 24 where the young person has an Education, Health and Care Plan - EHCP).

If you need any help and support accessing the services we offer a SEND drop in service detailed in the dates below.

Safeguarding corner:

Transition to Teenager in Girls Project: Online Research



We are conducting research to understand mental health and well-being in girls as they transition into the teenage years.

If you are a girl seeing this who wants to take part, show this to your parent/guardian and they can contact the researcher.

To take part, they must be between 11 and 13.5 years old when they sign up.

What is involved in taking part?

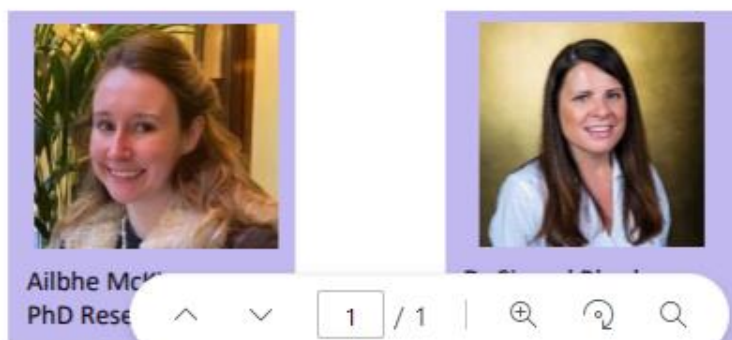
Girls will be asked to do two 30-minute meetings on zoom over 1 year. In these meetings, girls will answer questions by ticking boxes about mental health, social relationships, camouflaging (tendency to want to blend in), and menstruation (periods). The researcher will be there to help them.

Benefits of taking part Findings from this study will be used to create booklets for parents/guardians and school staff to support well-being in girls.

We want all girls to take part meaning neurodivergent girls are also very welcome (autistic, ADHD, dyspraxia and/or on a waiting list for an assessment).

To learn more about this study you can email:

Ailbhe McKinney at a.m.mckinney@sms.ed.ac.uk or call/text 07388454435.



Coming up at NUSA:

SEND drop ins – Please contact reception to make an appointment for 24th May or 28th June if you need to discuss your child's SEND needs.

Kings Coronation – Monday 8th May – school closed to all students and staff

Break up for half term – Friday 26th May

Return to school – Monday 5th June

Year 11's last day is on Thursday 22nd June

Year 11 Prom is on Friday 30th June

Year 10 Work experience – week commencing Monday 3rd July

Sports day – week commencing Monday 3rd July – date to be confirmed

Have a lovely, safe weekend,

Emma Howard