Dear Parent/ Carer

The ASD Drop-in sessions have returned after a period of not being able to host them due to the pandemic. We are excited to see you at these sessions.

The mornings are for parents /carers of children with ASD only and will be an opportunity to:

- Listen to speakers on a variety of topics relevant to families of children with ASD
- Chat to specialists working with children with ASD from local Health, Education and Social Care teams
- Some months we will specifically focus on families with a new diagnosis.
- Paediatrician/ nurse specialist available if you need to talk one to one

The sessions run every 3rd Wednesday of the month between 10.00 and 12.30.

Due to limited room space, we cannot offer a proper Drop –in session, and can only offer a limited number of places to parents who book.

If you would like to come, please book your place on **0115 8831178.**

TOPICS COMING UP

21st June 2023
Transition to school

19th July
Sensory

16th August
New parents coffee morning

20th September 2023
Diet and Sleep

Future topics — our future sessions are likely to include the topics below. – dates still to be allocated

Sensory Issues
Coffee Morning/ Family Support
Sleep
Diet
Continence
School

Please note

Parking at the Children's Development Centre is for Blue Badge holders only. There is pay and display parking on the hospital site.

The brown line buses from the city centre (Milton Street) stop opposite entrance 2 on Hucknall Road and the Medilink bus stops on the campus near entrance 2. The Medilink connects with the tram at Wilkinson Street where there are Park and Ride facilities.

To reach us, enter the hospital site on entrance 1 on Hucknall Road (the entrance furthest from the ring road) and follow the signs to the Children's Centre

We are sorry but we cannot provide childcare for the sessions.

For more info contact-:

CHILDREN'S CENTRE
CITY HOSPITAL CAMPUS
HUCKNALL ROAD
NOTTINGHAM
NG5 1PB
0115 8831178

Autism Spectrum
Drop–In
Mornings
at the
Children's Centre

June - September
2023