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WC: 10/07/2023

Dear Parent/Carer,

This week at NUSA:

Sports day on Friday was absolutely fantastic. We were blessed with gorgeous weather and excellent behavior. Records were smashed by our students and we were so proud of the way in which they supported their fellow house mates.

This week we welcomed Year 6 to NUSA in preparedness for their start in September. We were really pleased with the way our older students looked after the younger ones and showed them how we conduct ourselves at NUSA.

Next week at NUSA:

Next week we 'roll over' our timetable to the new September timetable. This is to give the students the opportunity to meet their new classes and get an understanding of their new timetable before starting back in the new year.

On Thursday we will be hosting our normal end of term rewards assemblies and can't wait to see our students getting the recognition they deserve.

We will be holding our 'Swap shop' rewards next week, therefore, some students may be a little later leaving school at the end of the day whilst they collect their prizes.

I will write next week with details of our return to school in September.

We need your voice!:

We are running our next round of parental surveys. The closure date for the survey is 21st July 2023. This time there is opportunity for 5 people to win an Amazon or Tesco voucher worth £25. All you need to do is complete the survey and enter your email address at the end to be included in our draw!

www.edurio.com/poll/Ns9kge

Free Or Cheap Eats Over Summer

Martin Lewis – the money savings expert - has put together a list of where children can eat free or cheaply over summer. <u>Click here</u> for full details, or see page 3 of this letter.

Free School Meal Vouchers Summer 2023

Nottingham City are providing us a voucher of £50 for each student, that is currently eligible for free school meals. This will cover the entire summer holiday. No further voucher will be issued for this holiday.

For all of those that received free school meal vouchers in the last holiday, you will receive another voucher for Huggg, to cover the break and will be sent to the same email address, you do not need to do anything else, relax. Completing the form again where you have received vouchers during the last holiday, will cause a delay in receiving vouchers this time, as it impacts the vouchers being processed. So please do not do this.

For those that are eligible, that did not receive vouchers or that have questions, please see the FSM Q&A at the end of this letter (page 2).



Coming up at NUSA:

End of term plans Thursday 20th July – Rewards assemblies Thursday 20th July – Achievers awards evening Friday 21st July – Alton Towers for selected students End of term Friday 21st July at 3pm.

Safeguarding corner:

This weeks' safeguarding corner comes from the NSPCC, please take a look, it is detailed on page 4.

Have a lovely weekend,

Emma Howard Headteacher

FSM Q&A

I received vouchers for May 2023 from NUSA – should I still complete the form?

No, please do not apply again where you received vouchers for May Half Term, you will automatically receive them for Summer 23. Reapplying <u>will</u> cause a delay in receiving your voucher(s). Rest assured, where you received them for May half term, you will be included automatically for Summer 23. **Unless** you have a different child now at NUSA, that was not in the previous holiday. In this scenario you should complete the form, but just for the child you need to add.

My child is not eligible for free school meals, should I complete the form anyway?

No, please do not complete the form in this circumstance as a voucher cannot be issued.

My child is eligible for Free School Meals, but I did not receive them from NUSA during May 2023, how do I receive them for Summer 2023?

Please <u>click here</u> and complete the form. Ensure you input all of your information carefully.

If I need to complete the form, when must I do this by?

Midnight on Tuesday 18th July 2023

What is the value of the vouchers?

£50, per eligible child.

I did not receive a voucher previously; can I receive historic vouchers now?

No, we only have vouchers relating to the upcoming break.

When will I receive the vouchers?

Vouchers will be issued before 12pm on Friday 21st July 2023.

FREE OR CHEAP EATS OVER SUMMER

https://moneysavingcentral.co.uk/kids-eat-free



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



COURTESY OF MONEY SAVING CENTRAL

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

BILLS

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

FUTURE INNS

Under 12's eat for free with any adult meal. During the school holidays

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

TO BE CONFIRMED...

M&S and Farmhouse Inns

SAFEGUARDING CORNER – NSPCC

| Current Resources for; | Website location/link |
|---|--|
| Carers Parents Communities | |
| Talking PANTS teaches children important messages, like their body belongs to them and they should tell an adult if they're upset or worried. Get the conversation started with an activity pack. You can download a free resource pack from the NSPCC website. Support for Parents, where you will find | <u>Talk PANTS the Underwear Rule</u> #TalkPANTS |
| PANTS Positive parenting guide Online Safety Hub for advice and information on a range of different online safety topics including gaming, social media, sharing nudes, parental controls and more. | <u>Support-for-Parents</u> |
| Keeping Children Safe Online | NSPCC Online Safety Online safety advice Our online safety work Inappropriate and sexual behaviour Worried about something online? Online safety guides for parents Resources for professionals Resources for children Resources for children with SEND Help us keep children safe online Keeping Kids Safe Online |

| Visit our SEND Online safety hub for online safety tips, advice and activities specifically for parents and carers of children with SEND. | <u>SEND Online Safety Hub</u> |
|---|------------------------------------|
| Online safety resources We've created colouring in sheets, a family agreement, quizzes and a word search to help kick start your online safety conversations. | <u>Online Safety Resources</u> |
| NSPCC videos on YouTube include the selection below. | Infant Mental Health |
| Infant Mental Health with NSPCC | |
| The Baby Show We're joined by Clinical Psychologists for NSPCC who work with children aged 0-5 and their families. Here they are talking through Infant Mental Health, what it is and offering tools and advice to not only support your babies & toddlers, but also yourself and your own mental health. They have also answered some of your questions around the effects of lockdown on your baby and your mental health and how to stay positive during these times. | The Baby Show - YouTube |
| Look Say Sing Play | Look Say Sing Play Support |
| Right from birth, every time you talk, sing or play with your baby, you're not just bonding, you're building their brain. | #LookSaySingPlay |
| Singing Day Look Say Sing Play NSPCC | |
| | <u>Singing Day</u> |
| Our Brain's Air Traffic Control (Executive Function) NSPCC | Our Brain's Air Traffic Control |
| NSPCC Building Strong Brain Architecture | Building Strong Brain Architecture |

