

Sunday 11<sup>th</sup> October 2020

Dear Parent/Carer,

### **Advice for Child to Self-Isolate**

On Tuesday 6<sup>th</sup> October, a trainee teacher was working in your child's class (7B1) and has since been diagnosed with Covid-19. He fell ill on Tuesday evening, was tested on Wednesday 7<sup>th</sup> October and received a positive test result late last night.

Due to the increasing incidences of cases in Nottingham and following advice from Public Health England, we feel that it is now best that your son/daughter self-isolates until the end of Tuesday 20<sup>th</sup> October 2020 (14 days from the date of last contact with the positive case). We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your child is well at the end of the 14 days period of self-isolation, then they can return to school as normal.

### **Will all of Year 7 have to isolate?**

As this is a case of a staff member who has only been with the 7B1 class, it is not currently necessary for all students in Year 7 to isolate. However, if a student within 7B1 subsequently received a positive test result, then it is likely that all of Year 7 would have to self-isolate.

### **Does everybody in my house need to isolate?**

As per Government guidance other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

### **What work can they do at home?**

All students will be set work by their class teachers via Microsoft teams. Instructions for your child on how to access Microsoft teams can be found here:

[https://www.novaeducationtrust.net/files/remote/NET\\_Logging-into-Teams\\_GUIDE.pdf](https://www.novaeducationtrust.net/files/remote/NET_Logging-into-Teams_GUIDE.pdf)

If you are struggling with access to a digital device, please contact Mr Kirkby – [skirkby@nusa.org.uk](mailto:skirkby@nusa.org.uk) to arrange for paper copies of work to be collected.

### **What to do if your child develops symptoms of COVID 19**

Please notify school as soon as you can.

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 .

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

### **Symptoms of COVID 19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

I understand how worrying this will be for you and your child. If you have any concerns/queries/questions please contact me directly on [ehoward@nusa.org.uk](mailto:ehoward@nusa.org.uk) and I will arrange to call you or email you back.

Can I please ask that you complete the link below as confirmation that you have received this letter - <https://forms.office.com/Pages/ResponsePage.aspx?id=LuLr9FO180SIVj4NhJCOuJ3l5BxLxw5AjCKkTPyHePBURFVSNjg2Rjc0VzVRTkdHR1gySkw0VUZDSS4u>

Yours sincerely

Emma Howard  
Head of School