



WC: 09/10/2023

Dear Parent/Carer,

This week at NUSA:

A great week for our students at NUSA this week. Our assemblies focused on 'Fragility'. With an ever-changing world, it is important that we encourage our students to be resilient in the face of adversity. This means that they need to accept that at times, they will face challenges which could be difficult to overcome. Throughout whole school character programme, we aim to work alongside you as parents to develop really well rounded individuals who go into adulthood as good people.

This assembly fit perfectly with our celebrations for 'Hello Yellow' on Mental Health Awareness day. A large number of students and staff wore yellow on the day to demonstrate their support of Mental Health awareness and all students took part in a number of activities throughout the day. Our safeguarding corner this week focuses on mental health again.

Our Y12 students visited Nottingham University to take part in a number of sessions and have a tour of their campus. This is all aimed at encouraging as many students as possible to consider University as an option for study once they leave 6th form.

Tonight, some of our students will be heading off to Wembley to watch England vs Australia as part of our reward programme. We hope they have a lovely time but also hope they see an England win!

Our mocks have been taking place for Y11 this week and it has been great to see the mature way in which they have approached this.

Revision guides:

If your child is currently studying for GCSE exams (year 10 or 11) and would like to purchase revision guides at a reduced cost, they can do so by completing the order form and taking it, along with the correct amount of money to Vera in A119. Order forms can be collected from tutors, Mrs Huskisson-Moore or Vera. Revision guides are available for a range of subjects including Maths, English, Science, Drama, Spanish, Sport, History, Geography, Psychology and Catering and are an invaluable tool to support students maximising their progress.

SEND Drop ins:

We offer a number of 'SEND drop ins' throughout the year for parents/carers. These are open to any parent/carers who may want to discuss their child's SEND needs further or parents/carers who have concerns that their children may have SEND needs that are yet to be diagnosed. If you wish to book an appointment in one of the slots below, please contact reception.

Wednesday SEND Drop in dates:
25/10/2023

Coming up at NUSA:

Date	Event
16/10/2023	Community CPR & Defib Training - Ticket Only
17/10/2023	Community CPR & Defib Training - Ticket Only

19/10/2023	Nusa Sixth Form Open Evening
27/10/2023	Final day of term. 3pm finish.

Safeguarding corner:

This week, safeguarding corner provides you with information about the current campaign to get families talking about mental health at home:

A different kind of homework

Mental Health has declined in almost 40% of school children (NHS Survey). That's why Britain Get Talking is setting the nation a different kind of homework. It's designed to help ease our stress and reduce our anxiety by asking what's on our minds. Have a chat tonight or take part in our national homework exercise this World Mental Health Day, 10th October. You don't need a pen or paper, but if you're unsure where to start, download our task and try writing or drawing your worries on the front cover.

[Britain Get Talking | Home \(itv.com\)](https://www.itv.com/britain-get-talking/home)

Have a wonderful weekend.

Emma Howard
Headteacher