

## Year 7 and Year 8 timetable – April 20<sup>th</sup> 2020 until further notice

We are unsure how long this period of instability will last, so it is important that you now start to follow the timetable below to ensure that when you do eventually return to school, you will not have fallen behind your peers. Remember, you will still have exams to complete in the future and whilst it is tempting to think that spending time on social media or watching TV is a better choice, in the long run you will have lots to catch up on!

<b>Time</b>	<b>Activity</b>	<b>Description</b>
9-9:30am	English	Complete the work which has been set for you on 'Teams'
9:30-10am	Reading	Read a book, newspaper article, magazine of your choice
10 – 10:45am	Maths	Complete the Hegarty Maths activities which have been set for you by your teacher
10:45 – 11:00am	Break	Step away from your work space/devices/screen and give yourself a break
11:00 – 11:45am	Science	Complete the work which has been set for you on 'Teams'
11:45 – 12:15pm	Physical activity!	Be active! Follow the links sent by the PE team. This part of the day is really good for your mental health and well-being
12:15 – 13:00pm	Lunch	Step away from your work space/devices/screen and give yourself a break
13:00 – 14:00pm	Monday – Geography Tuesday – History Wednesday – Art Thursday – DT Friday - Spanish	Please spend one hour working on the work which has been set on Teams/Website

14:00 – 15:00pm	Your choice	Use this time to complete an activity of your choice. It may be that you are completing work that you haven't managed to complete over the course of the week or you may want to complete one of the whole school challenges. You should also use this time to view the assembly which is sent out each week.
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## Year 9 and Year 10 timetable – April 20<sup>th</sup> 2020 until further notice

We are unsure how long this period of instability will last, so it is important that you now start to follow the timetable below to ensure that when you do eventually return to school, you will not have fallen behind your peers. Remember, you will still have exams to complete in the future and whilst it is tempting to think that spending time on Social Media or watching TV is a better choice, in the long run you will have lots to catch up on!

<b>Time</b>	<b>Activity</b>	<b>Description</b>
9-10.00am	English	Complete the work which has been set for you on 'Teams'
10-11.00am	Mathematics	Complete the Hegarty Maths activities which have been set for you by your teacher
11-11.15am	Break	Step away from your work space/devices/screen and give yourself a break
11:15 – 12.15pm	Science	Complete the work which has been set for you on 'Teams'
12:15 – 13:00pm	Lunch	Step away from your work space/devices/screen and give yourself a break
13:00 – 14:00pm	Complete work from one of your option subjects. Each day rotate this.	Please spend one hour working on the work which has been set on Teams/Website
14:00 – 15:00pm	Your choice	Use this time to complete an activity of your choice. It may be that you are completing work that you haven't managed to complete over the course of the week or you may want to complete one of the whole school challenges. You should also use this time to view the assembly which is sent out each week.