



NOTTINGHAM UNIVERSITY
SAMWORTH ACADEMY

Monday 4th October 2021

'Hello Yellow' non-uniform day

Dear Parent/ Carer,

I am writing to inform you that on **Friday 8th October 2021** we will be holding a non-uniform day as part of the national event Hello Yellow. Pupils will be able to attend school in non-uniform and will need to make a £1 donation to do so. All proceeds will go to the charity YoungMinds, who work to support young people's mental health. During the day they will also take part in some wellbeing activities to help promote positive mental health.

If pupils would like to wear a yellow item of clothing to get into the spirit of the event then this is encouraged, but it is not compulsory. If you would like to find out more about the charity or the event itself, you can go to: <https://www.youngminds.org.uk/support-us/fundraising/helloyellow/>.

Mental and emotional wellbeing are part of the statutory guidance for Health Education, so this event is a great way to raise awareness of a prevalent issue which pupils cover in their PSHE lessons.

If your child has PE on Friday, they are still required to bring their usual NUSA PE kit.

As always, if you have any questions or concerns about your child's PSHE provision then please contact Miss Sayer on esayer@nusa.org.uk or 01159291492.

Yours sincerely,

Miss E. Sayer
Head of PSHE Education